

## PREMIUM WELLNESS & SPA

*Discover a sophisticated blend of historical charm and modern luxury. Feel the benefits of our specially designed cosmetics treatments in elegant classic interiors with stylish details.*

The wellness & spa centre of the Hotel Palace Bellevue, whose magnificent historical building is a central element of Opatija's townscape, offers visitors stylish sophistication over an area of 600 m<sup>2</sup>.

The special part of the centre dedicated to treatments includes three rooms for hand and body care, beauty treatments, and massages for couples. The interior has been designed to create a pleasant atmosphere while providing maximal functionality: the massage room is equipped with showers separated by a glass wall, while the discrete lighting makes the experience even more special.

The fitness studio is located in the back part of the wellness centre facing Opatija's calming green hinterland, and is equipped with the latest Matrix machines.

The spa area includes a completely renovated 10 x 15 m pool and large glass wall with a view of the hotel's inner courtyard.

The Hotel Palace Bellevue wellness centre is a place where you can completely relax in the hands of our therapists, who will take care of your wellbeing with the help of top cosmetics products and specially designed treatments and rituals.

# Massages

*Relaxation and care for health*

## CLASSIC MASSAGE

This full body massage relaxes, relieves pain and has a beneficial effect on your overall psychophysical condition.

Price: **370 kn** (45 min) / **250 kn** (20 min)

## INDIVIDUAL MASSAGE

A massage targeted at individual problematic areas.

Price: **370 kn** (40 min)

## COMBINED MASSAGE

Back and foot massage.

Price: **380 kn** (45 min)

## FOOT MASSAGE

Just like other parts of our body, our feet require special attention too.

Price: **250 kn** (20 min) / **380kn** (45 min)

## AROMA MASSAGE

This massage is recommended for preserving physical and mental health. The massage oil contains a carefully selected combination of natural oils and essential oils of the Mediterranean which have the task of deeply nourishing, hydrating and regenerating the skin and restoring its elasticity and velvety softness.

Price: **500 kn** (45 min) / **580 kn** (60 min)

## FACIAL MASSAGE

Price: **220 kn** (20 min)

## RECIPE OF THE HOUSE: LAVA SHELL MASSAGE

Lava Shells is a holistic massage that has an impact on the overall state of your health and helps treat various health issues: it eases spasms and muscle ache, improves circulation and immunity, and removes tension, anxiety and chronic tiredness caused by stress. Its main purpose is relaxation, and it is particularly recommended for people who love heat.

Price: **650 kn** (60 min)

# Wellness rituals

## **SOTHYS DREAM MASSAGE (MASSAGE & EXFOLIATION)**

An individual approach as the basis of wellness finds its full expression here. This special Sothys massage is adapted to your wishes and needs – the choice of aromas and massage techniques is entirely yours, which guarantees complete relaxation in accordance with your own wishes. This treatment hydrates the skin, provides it with nourishment and restores its shine.

**Price: 560 kn (60 min)**

## **SOTHYS HANAKASUMI (ENZYMATIC BODY EXFOLIATION & JAPANESE FOOT MASSAGE TECHNIQUE)**

This extraordinarily pleasant, fragrant and relaxing treatment makes your skin soft and has a relaxing effect. It includes oriental foot massage technique and exotic cherry blossom-rice body exfoliation.

**Price: 560 kn (60 min)**

## **SOTHYS ORIENTAL MASSAGE**

A special treatment inspired by ancient Far Eastern rituals: application of a special ointment to prepare the body for exfoliation, followed by a modelling massage using exclusive Sothys movements with a special terracotta stone inspired by traditional oriental techniques. The aromatic notes of myrrh and amber leave an unforgettable impression on all the senses.

**Price: 560 kn (60 min)**

## **PREMIUM LOTUS EXFOLIATION & MASSAGE**

This gentle but thorough exfoliation removes dead cells and impurities and softens, hydrates and nourishes the skin, making it velvety soft. The treatment continues with a body massage. The massage oil contains a carefully selected combination of natural oils and essential oils of the Mediterranean which have the task of deeply nourishing, hydrating and regenerating the skin and restoring its elasticity and velvety softness.

**Price: 750 kn (75 min)**

# Sothys – facial care

SOTHYS COSMETICS is a well-known French skincare cosmetics line. It has been on the cosmetics market since 1946, and today can be found in more than 100 countries worldwide in 15,000 beauty institutes and spa centres. Sothys products are tailored to meet the needs of the most demanding wellness and SPA centres. Sothys offers a wide range of facial and body care as well as make-up products. The company's unique scientific approach is based on efficiency, security, naturalness and pleasure. Sothys products combine sensitivity and pleasure through sophisticated scents and textures with supreme efficiency based on highly refined wellness treatments and daily home care to prolong and enhance results. The exclusive Digi-Esthétique® global method is an original technique that boosts the effectiveness of treatments and the absorption of active ingredients. The original Sothys technique – a combination of oriental acupressure methods and western massage movements – is at the centre of all Sothys programmes to enhance sensory ability and provide moments of pleasure for body and spirit.

## YOUTH-IT (ANTI-AGING TREATMENT)

Intensive skin rejuvenation treatment of the new generation. A combination of highly concentrated Sothys cosmetic complex active ingredients affects different stages and conditions of the skin. This treatment firms and smoothes the wrinkles, giving the skin a youthful appearance and a healthy glow.

**Price: 660 kn (75 min)**

## HYDRA 3HA

This replenishing and hydrating treatment is a Sothys solution to quench thirsty skin and combat dehydration. A combination of hyaluronic acid and patented Boletus extract reactivates the natural hydration levels to reveal a more youthful complexion. Moisturising serums, ultra-nourishing massage cream and enveloping mask restore the natural softness and suppleness of the skin.

**Price: 660 kn (75 min)**

## ENERGISING TREATMENT (ENERGISING TREATMENT WITH SIBERIAN GINSENG)

This facial treatment with exclusive DigiEsthetique massage method based on Siberian ginseng restores skin vitality and radiance, and optimises energy reserves in the cells.

**Price: 660 kn (75 min)**

*Note: This treatment is recommended for sensitive skin and facial skin after extensive sun exposure.*

### DEEP FACIAL CLEANSING

Price: **420 kn** (50 min)

### DEEP FACIAL CLEANSING + FACIAL CARE

Facial treatment + deep cleansing

Price: **760 kn** (90 min)

### SEASONAL FACIAL TREATMENT

A facial treatment based primarily on fruit. This very effective treatment ensures radiance, smoothness and hydration. The water basis and natural fruits provide excellent aromatherapy for your senses. Enjoy pure nature!

Price: **390 kn** (45 min)

### SENSITIVE FACIAL TREATMENT

Treatment for sensitive skin.

Price: **380 kn** (40 min)

### ACTIVE COUNTOUR

A special treatment designed for eye contour care. It affects dark circles and puffiness, eliminates and prevents the formation of wrinkles, and provides elasticity, moisture and firmness.

Price: **320 kn** (40 min)

### EYEBROW SHAPING

Price: **60 kn**

### EYEBROW OR EYELASH TINTING

Price: **70 kn**

## Body care

### GINGER EXFOLIATION

Ginger-based scrub with a rich texture and enchanting, exotic fragrance.

Price: **260 kn** (20 min)

### MEDITERRANEAN EXFOLIATION

This gentle but thorough exfoliation removes dead cells and impurities and softens, hydrates and nourishes the skin, making it velvety soft.

Price: **320 kn** (20 min)

### ANTI-CELLULITE MASSAGE

Price: **350 kn** (40min)



## Manicure / pedicure

### O.P.I PERMANENT NAIL POLISH

This professional nail care brand has been available on the market since 1981. It recognises each client's needs and strives to satisfy their individual requirements by offering quality and immaculate treatments at every moment. Permanent nail polish today receives a lot of attention and provides great advantages. Our wellness centre offers its guests the best professional global brand, OPI GelColor.

OPI GelColor permanent nail polish is distinguished by its exceptionally natural appearance, firmness and high gloss. It can last for more than 14 days after application. During that time, nails do not change their shape or shine, and the colour remains intact.

### ZOYA & QTICA NATURAL POLISHES AND PRODUCTS

Art of Beauty was founded in 1986 by Zoya and Michael Reyzis. They had a vision which developed from a small nail salon to a spa centre with an emphasis on natural nails, skincare and alternative European herbal treatments. Today, the company is the manufacturer of the most innovative professional cosmetics products. As an advanced chemist, Michael developed and patented unique products such as anti-wrinkle treatments, shampoos and regeneration treatments in salons and spa centres. He also created the first fast-drying top coat and the most permanent nail polish, thus starting a revolution in the nail polish industry.

Brands such as ZOYA nail polishes, QTICA treatments and QTICA Smart Spa offer superb quality, full satisfaction and exceptional value to salons and spa centres. Zoya nail polishes and care products do not contain toxic ingredients such as toluene, formaldehyde and DPB (dibutyl phthalate). Art of Beauty focuses on health and the well-being of salons, spa centres and consumers. AOB brands can be found in the best salons, spa centres and resorts worldwide. They have received acknowledgement and awards from the best fashion magazines and been voted the best products by consumers for many years.

#### MANICURE

Hand care + nail polish

Price: **260 kn**

#### MANICURE & O.P.I

Manicure + permanent nail polish

Price: **360 kn**

#### MANICURE FOR MEN

Price: **230 kn**

#### PEDICURE

Foot care + nail polish

Price: **360 kn**

#### PEDICURE & O.P.I

Pedicure + permanent nail polish

Price: **460 kn**

#### PEDICURE FOR MEN

Price: **310 kn**

#### ZOYA NAIL POLISH

Price: **80 kn**

#### O.P.I PERMANENT NAIL POLISH

The durability of a permanent nail polish is individual and depends primarily on nail growth rate. It is important to point out that applying or removing permanent nail polish does not damage the nail. On the contrary, permanent polish protects the nail since it remains protected from mechanical and chemical damage and becomes firmer and more resistant with time. Permanent nail polish can also prevent the splitting and breaking of nails. It is removed easily and gently in less than 10 minutes, and a new colour can be applied after manicure. Our wellness centre offers a wide variety of permanent nail polishes in more than 40 hues, which means that everyone can find their favourite colour.

Price: **200 kn (without manicure)**

*NOTE: a manicure beforehand enhances the quality of permanent nail polish.*

# Depilation

## DEPILÈVE WAXES

As a worldwide leader in professional waxing technology, Depilève is present in nearly 100 countries worldwide and is considered a pioneer of the most advanced waxing technologies. The company's research team continuously develops new formulas to improve wax quality and the depilation process. As a waxing innovator, Depilève uses the best quality ingredients available in the world for wax production. Its factory has two certificates, ISO 9001 and ISO 22716, with the highest quality standards.

### FULL LEG HAIR REMOVAL

Price: **190 kn**

### LOWER LEG HAIR REMOVAL

Price: **110 kn**

### BIKINI HAIR REMOVAL

Price: **120 kn**

### BRAZILIAN HAIR REMOVAL

Price: **150 kn**

### ARM HAIR REMOVAL

Price: **100 kn**

### ARMPIT HAIR REMOVAL

Price: **100 kn**

### BACK HAIR REMOVAL

Price: **150 kn**

### CHEST HAIR REMOVAL

Price: **190 kn**

### UPPER LIP HAIR REMOVAL

Price: **50 kn**





# Premium programmes

## PREMIUM RELAX DAY

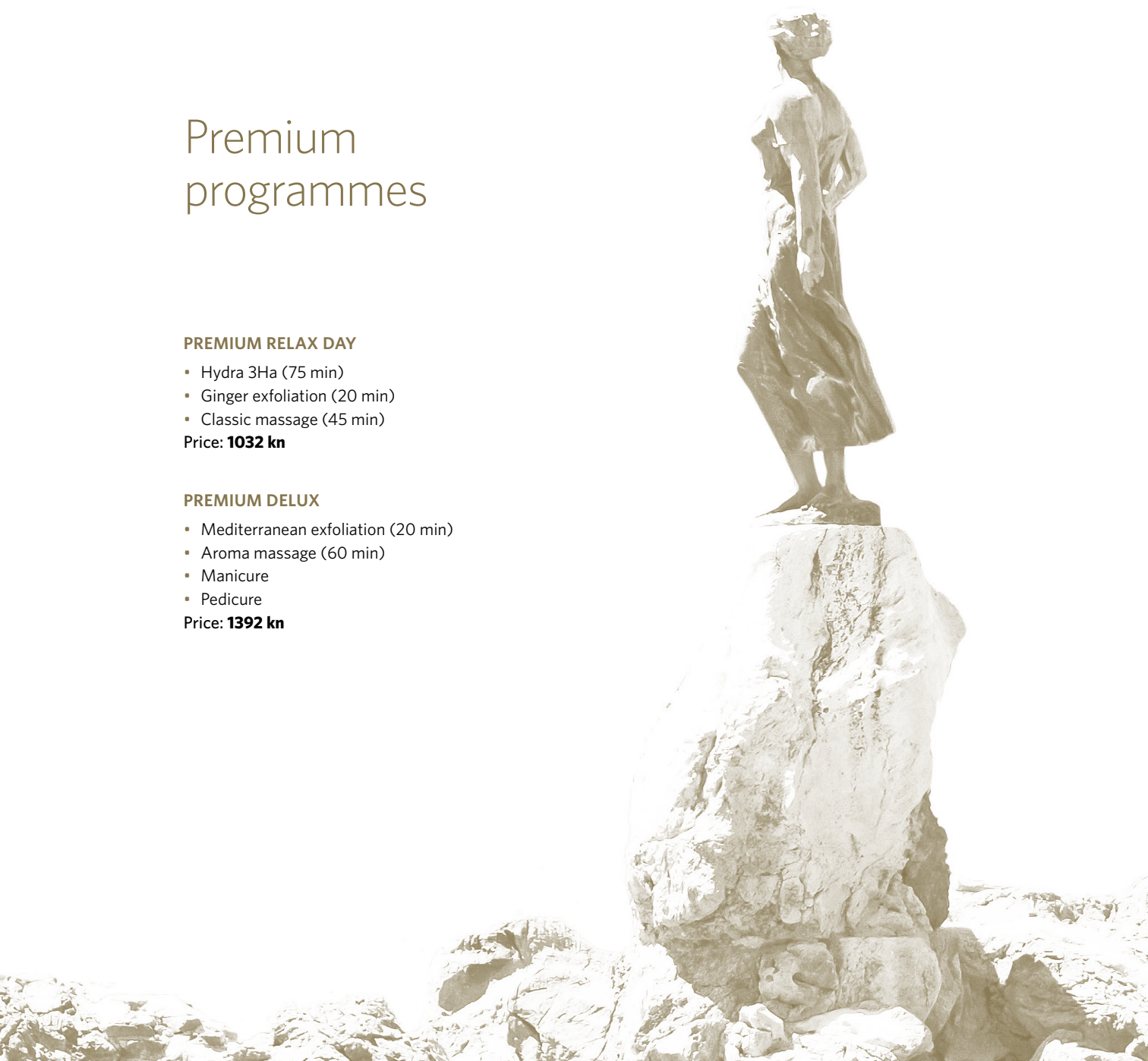
- Hydra 3Ha (75 min)
- Ginger exfoliation (20 min)
- Classic massage (45 min)

Price: **1032 kn**

## PREMIUM DELUX

- Mediterranean exfoliation (20 min)
- Aroma massage (60 min)
- Manicure
- Pedicure

Price: **1392 kn**





# Spa Relax

*An oasis of relaxation*

The most intimate part of the centre is only for guests over 16 years old. In a room with discrete ambient lighting, there are Finnish and Turkish saunas and specially designed emotional showers. When you want to unwind, go to the relax room with its unique 'salt wall', which apart from being aesthetically appealing also has a beneficial effect on your health.

<i>Hotel guests</i>	<b>no extra charge</b>
<i>Outside guests (up to 3 hours)</i>	<b>120 kn</b>
<i>Pool supplement</i>	<b>30 kn</b>
<i>Bathrobe</i>	<b>30 kn</b>

## POOL

<i>Hotel guests</i>	<b>no extra charge</b>
<i>Outside guests (up to 3 hours)</i>	<b>50 kn</b>
<i>Children's pool (2-12 years)</i>	<b>40 kn</b>

## FITNESS

<i>Outside guests (up to 3 hours)</i>	<b>50 kn</b>
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MEMBER CARDS	POOL	FITNESS	SAUNAS	POOL + FITNESS	POOL + SAUNAS	FITNESS + SAUNAS	POOL + FITNESS + SAUNAS
10 sessions	300 kn	300 kn	600 kn	500 kn	800 kn	800 kn	900 kn
1 month - unlimited	400 kn	400 kn	700 kn	600 kn	900 kn	900 kn	1000 kn





## WORKING HOURS

Mon. - Sun. 07:00 - 19:00

## RESERVATIONS

We recommend booking your appointment in advance at the wellness centre reception on **+385 51 480 365.**

### CANCELLATIONS

- To cancel your appointment, please let us know at least 6 hours before the treatment start time.
- For cancellations up to 4 hours before the start time, 50% of the treatment price will be charged.
- For later cancellations, the full price of the booked treatment will be charged.

## GIFT VOUCHERS

Invite your loved ones or business partners to an unforgettable experience!

Gift vouchers can be purchased at the wellness centre reception.

## HOUSE RULES

- Please switch your mobile phones to silent mode upon entering the wellness centre.
- We kindly ask you to arrive 10 minutes before the beginning of your treatment. In the event of late arrival, it will not be possible to prolong the treatment.
- Children up to 16 years of age are not allowed in the spa relax zone (saunas) and in the fitness centre; it is also not allowed to use fitness equipment without appropriate footwear.
- Please inform your therapist or the person at reception about any serious health condition you might have (heart issues, high blood pressure, pregnancy or similar) before the start of the treatment.

HOTEL PALACE BELLEVUE

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