



FIVE ELEMENTS
Wellness & Spa **Hotel Excelsior**

Price list



Five Elements Excelsior

LOVRAN IS THE TOWN OF LAUREL, AS ITS NAME COMES FROM THIS AROMATIC PLANT. THE LAUREL FORESTS IN THE SURROUNDINGS OF LOVRAN ARE KNOWN FOR THEIR ABUNDANCE AND BEAUTY, AND THE PLANT ITSELF HAS ALWAYS HAD A SPECIAL MEANING. IN THE PAST, LAUREL WREATHS WERE USED TO CROWN EMPERORS AND THE WINNERS OF SPORTING EVENTS, WHILE ORDINARY PEOPLE USED THE PLANT FOR MEDICINAL PURPOSES AND AS A SPICE TO GIVE A SPECIAL AROMA TO TRADITIONAL DISHES.

In Feng Shui, wood is the symbol of life, growth, vitality and activity. Its energy is associated with the eastern side of the world and the awakening of the new day. Your home absorbs the energy of wood in the morning hours, which then remains there until 'recharging' the following day.

Continuing the concept of Remisens Hotels wellness centres following the five elements philosophy, after the element of water in the Hotel Ambassador and that of earth in the Hotel Marina, the new Five Elements wellness centre in Lovran's Hotel Excelsior is dedicated to the element of wood.

The choice of wood as the element of our new Five Elements centre in Lovran was very deliberate, as which of the five elements would be more suitable for the 'town of laurel', which in ancient times was known as Lauriana. In our treatments, we combine the beneficial properties of the local vegetation and climate with natural products of the highest quality from the Biobaza product line, which was developed exclusively for Remisens Hotels Five Elements wellness centres.

Immerse yourself in the relaxing world of the 'five elements' and feel the beneficial effects of laurel and olive, indigenous plants that people have been using for centuries, and other carefully selected ingredients in our specially designed treatments and rituals.

BERNARD CASSIERE PARIS cosmetics

represent a simple and natural alternative for skin care. Each of the products and treatments is based on a single base ingredient of a natural plant origin. BC Paris has developed extraordinary facial and body treatments that use exclusively the finest natural ingredients from various parts of the world to ensure visible results and provide a sense of satisfaction and pleasure.

The **BIOBAZA WELLNESS** product line was born with the idea of returning to nature by using medicinal plants and essential oils. Special attention is given to detoxification, skin breathing and hydration, with respect for the energy balance of each individual. The final goal is to harmonise body, mind and spirit. The primary task of the Biobaza Wellness product line is to restore and maintain harmony and balance in the body and skin. Biobaza Wellness cosmetics make use of high-quality essential oils and extracts that it produces itself. The products are completely free of parabens, preservatives, artificial colours and perfumes. Biobaza Wellness offers fully personalised treatments and products to ensure each guest has a unique wellness experience with the scents of the Adriatic.

Exclusive rituals

RITUALS WITH A COMPLETELY NATURAL BASIS DESIGNED IN ACCORDANCE WITH THE ELEMENT OF WOOD, THE SIGNATURE ELEMENT OF OUR WELLNESS CENTRE.

LAUREL

A ritual based on the healing plant that grows abundantly in Lovran and its surroundings. Apart from having a detoxifying effect, laurel is rich in vitamins A and C, iron, calcium and magnesium.

The treatment begins with an exfoliation using sea salt and laurel extract combined with a unique massage technique. A distinctive feature of this treatment is a laurel-based wrap as a final touch.

Price: **500 kn** (60 min)

OLIVE

An intensive anti-ageing ritual based on olive and immortelle for complete skin regeneration.

A special immortelle exfoliation helps erase the traces of time. Warm pads will remove stress and give you a feeling of complete peace and relaxation.

Price: **500 kn** (60 min)

ACTIVATED CARBON

Activated carbon has been known for centuries and used in medicine for treating poisoning. The ritual starts with a facial exfoliation, a massage with almond oil and the application of a hydrating mask. Foot reflexology boosts deep cleansing of the body. This treatment uses a special stretching technique with warm towels, which frees the lymph flow, stimulates circulation and provides an unforgettable experience.

Price: **500 kn** (60 min)

Facial care

CHAMPAGNE TREATMENT GLITTERS & SPARKLES

An extraordinary facial treatment from the Bernard Cassiere golden product line. It includes ruby (which symbolises power and gives strength and courage), pearls (re-mineralise and balance, thanks to their minerals), and champagne for an additional luxury experience. This treatment will make you feel like a queen. The result of the fantastic effect of ruby, pearls and champagne is perfect skin.

Price: **590 kn** (60 min)

LIFT AND FIRMNESS ANTI-AGING TREATMENT TIME INTERCEPTOR

A treatment against skin ageing and drying. Effectively and visibly reduces the depth of existing wrinkles, at the same time strengthening the face and neck skin and preventing the occurrence of new fine wrinkles. The result is a shiny, better hydrated and nourished skin, and a balanced complexion.

Price: **550 kn** (60 min)

BAMBOO HYDRATION

A treatment that restores the skin's moisture, softness and elasticity. Do not miss the Bamboo Aloe Vera Hydra Nutrition treatment! A combination of the cosmetician's technique and professional products provides a feeling of complete satisfaction.

Price: **450 kn** (60 min)

ENERGETIC TREATMENT WITH SIBERIAN GINSENG

This special energetic treatment with exclusive Digi-Esthetique method prepares your skin for an anti-aging or intensive hydrating treatment. It restores skin energy and radiance, and optimises energy reserves in the cells.

Price: **500 kn** (75 min)

NATURAL MICRODERMABRASION

This exfoliation treatment contains 15% glycolic acid and 0.15% salicylic acid with a pH-value of 3. This treatment, which contains fruit acids, is recommended for oily skin to regulate sebaceous glands, cleanse and narrow widened pores, and also for mature skin to remove wrinkles. The treatment is also very effective against skin macules. The results are already visible after the first treatment.

Price: **350 kn** (45 min)

ACTIVE CONTOUR (eye contour treatment)

A special treatment designed for eye contour care. It affects dark circles and puffiness, eliminates and prevents the formation of wrinkles, and provides elasticity, moisture and firmness.

Price: **250 kn** (40 min)

Massages

TRIBAL AFRICAN LAND

A special sensation for the body: a perfect escape into the world of plants and traditional recipes from Africa, Mexico and Polynesia. This massage has a relaxing effect and brings you into harmony with the rhythms of nature. Escape your daily routine and let your therapist take care of you!

Price: **450 kn** (60 min)

SOIN SIGNATURE INSPIRATION ART&BEAUTY

LIKE ART, BEAUTY EXALTS OUR SENSES AND REVEALS OUR EMOTIONS. This Sothys body ritual, inspired by art and beauty, provides a new range of sensations, thanks to its unique protocol, which is a combination of colours, exclusive modelling movements, and resonating design. The result is a treatment with a relaxing, energising and hydrating effect on the body.

Price: **550 kn** (75 min)

COCKTAIL MASSAGE

A treatment for a feeling of complete relaxation and wellbeing. With our COCKTAILS COSMETICS body treatments you will feel like you are in a trendy bar in New York or a cool café in Miami. The COCKTAILS COSMETICS treatments can be adapted to individual needs. You can choose one of the three most popular cocktails, which will take you on a journey through exotic, fruity and fun scents and textures. You can choose from Mojito, Piña Colada and Cosmopolitan cocktails.

Price: **400 kn** (45 min)

CANDLE MASSAGE

A simple way to escape daily stress. The warm candle wax has a relaxing effect, nourishes the skin and makes it soft.

Price: **390 kn** (45 min)

AROMATHERAPY

A massage that uses various aromatic oils according to the individual needs of each client. Magical scents will liven up all your senses.

Price: **360 kn** (45 min)

500 kn (75 min)

FOUR-HAND RELAX MASSAGE

Experience the special four-hand massage in which two therapists relax your body with synchronised massage movements.

Price: **480 kn** (40 min)

ANTI-STRESS CLASSIC MASSAGE

This full body massage relaxes, relieves pain and has a beneficial effect on your overall psychophysical condition.

Price: **320 kn** (45 min)

230 kn (20 min)

NECK AND BACK MASSAGE

Treat yourself to this brief but effective relaxation.

Price: **170 kn** (15 min)



Body care

PIÑA COLADA EXFOLIATION

A rich texture exfoliation with an enchanting, exotic scent.

Price: **220 kn** (25 min)

NATURAL EXFOLIATION

An individual exfoliation treatment according to your wishes and needs on a completely natural basis.

Price: **250 kn** (25 min)

LIGHT LEGS

This intensive treatment stimulates microcirculation and boosts the elimination of toxins from the legs. Bandages provide gentle compression and relieve the sense of tiredness and tension from the legs.

Price: **300 kn** (45 min)

SLIMNESS MODELLING

With active ingredients, special anti-cellulite massage, and serums adapted to the individual type of cellulite, this treatment with Sothys cosmetic products provides excellent results.

Price: **340 kn** (45 min)

VIP programme

LAURUS DELUXE - TREATMENT CROWNED WITH LAUREL

Your journey starts with an exfoliation with silk gloves that will give your body new freshness and strength. The relaxation continues with a special massage with olive oil and laurel extract. The ritual ends with relaxation in a jacuzzi with soft music in the background, fruit in chocolate and a glass of sparkling wine.

Price: **1,200 kn** (2.5 hours) for two people

Manicure

SPA MANICURE

Price: **240 kn**

PARADISO MANICURE

Price: **300 kn**

Pedicure

SPA PEDICURE

Price: **280 kn**

PARADISO PEDICURE

Price: **340 kn**

Shellac

The future is here! Shellac is the latest UV technology that combines the lightness of nail varnish and the durability of gel. This is the first innovation in colouring that does not break and lasts longer. Shellac is applied like varnish, just with a brush, but can be removed in only 10 minutes without the need to scrub your nails. The result? A beautiful shine that lasts 14 days and gives you a really special feeling.

Makeup

EYEBROW SHAPING

Price: **40 kn**

EYEBROW OR EYELASH TINTING

Price: **60 kn**



Depilation

FULL LEG HAIR REMOVAL

Price: **150 kn**

LOWER LEG HAIR REMOVAL

Price: **100 kn**

BIKINI HAIR REMOVAL

Price: **80 kn**

BRAZILIAN HAIR REMOVAL

Price: **150 kn**

ARM HAIR REMOVAL

Price: **80 kn**

ARMPIT HAIR REMOVAL

Price: **80 kn**

BACK HAIR REMOVAL

Price: **120 kn**

CHEST HAIR REMOVAL

Price: **160 kn**

UPPER LIP HAIR REMOVAL

Price: **50 kn**

Spa relax

Hotel guests: no extra charge
Outside guests (up to 3 hours)

Price: **160 kn**

Pool supplement

Price: **30 kn**

Bathrobe

Price: **30 kn**

Additional towel

Price: **20 kn**

POOL

Hotel guests: no extra charge
Outside guests (up to 3 hours)

Price: **50 kn**

Children up to 12 years of age

Price: **30 kn**

FITNESS

Outside guests (up to 2 hours)

Price: **50 kn**

SPA RELAX DAY

Use of the spa relax zone, pool
and fitness facilities

Price: **300 kn**

SPA Club cards

SERVICE	1 MONTH	2 MONTHS	NAPOMENA
FITNESS	250 kn	450 kn	1 month = 12 sessions, 2 months = unlimited
POOL	300 kn	500 kn	1 month = 10 sessions, 2 months = unlimited
SPA RELAX	450 kn	700 kn	1 month = 10 sessions, 2 months = unlimited
MONTHLY	700 kn		Admission to the spa zone, fitness and pool (unlimited) + 10% discount on all services



OPENING TIMES

8:00 – 20:00

RESERVATIONS

We recommend booking your appointment in advance at the wellness centre reception or on telephone number **051-480-765**.

CANCELLATIONS

To cancel your appointment, please let us know at least 6 hours before the treatment start time.

For cancellations up to 4 hours before the start time, 50% of the treatment price will be charged.

For later cancellations, 100% of the treatment price will be charged.

GIFT VOUCHERS

Invite your loved ones or business partners to an unforgettable experience!

Gift vouchers can be purchased at the wellness centre reception.

HOUSE RULES

- Please switch your mobile phones to silent mode upon entering the wellness centre
- We kindly ask you to arrive 10 minutes before the beginning of your treatment. In the event of late arrival, it will not be possible to prolong the treatment
- Children up to 16 years of age are not allowed in the spa relax zone (saunas)
- Please inform your therapist or the person at reception about any serious health condition you might have (heart issues, high blood pressure or similar)



FIVE ELEMENTS
WELLNESS & SPA



FIVE ELEMENTS WellNess & Spa

Remisens Hotel Excelsior

Šetalište maršala Tita 15 • 51415 Lovran, Croatia • + 385 51 480 765

five.elements.excelsior@remisens.com • www.remisens.com