








































# Entertainment & Activity

LIBURNIA RIVIERA HOTELS



## FIT & ACTIVE PROGRAM REMISENS HOTEL MARINA 01.10. – 28.10.

TIME	PON, MON, MON, LUN	UTO, TUE, DIE, MAR	SRI, WED, MIT, MER	ČET, THU, DON, GIO	PET, FRI, FREI, VEN	SUB, SAT, SAM, SAB	NED, SUN, SON, DOM
09:00	DAY OFF 	DAY OFF 	YOGA 	YOGA 	YOGA 	YOGA 	YOGA 
10:00			PILATES 	PILATES 	PILATES 	PILATES 	PILATES 
11:00			AQUA GYM 	AQUA AEROBIC 	AQUA GYM 	AQUA AEROBIC 	AQUA GYM 
12:00			FUNCTIONAL TRAINING 	FUNCTIONAL TRAINING 	FUNCTIONAL TRAINING 	FUNCTIONAL TRAINING 	FUNCTIONAL TRAINING 
14:00			STRETCHING 	STRETCHING 	STRETCHING 	STRETCHING 	STRETCHING 
15:00			AQUA RELAX 	AQUA RELAX 	AQUA RELAX 	AQUA RELAX 	AQUA RELAX 
16:00			SMOWEY 	WALK & TASTE 	WALK & TASTE 	WALK & TASTE 	NORDIC WALK 

MJESTO SASTANKA \* MEETING POINT \* TREFFPUNKT \* PUNTO D'INCONTRO = **RECEPCIJA / RECEPTION**

ACTIVITY INFO: for all our FIT & ACTIVE programs – **ADVICE !** Please take your towel & comfortable shoes, sneakers and bottle of water

**BESPLATNO / FREE / KOSTENLOS / GRATIS**

*Ovaj program može biti podložan promjenama / This programme can be subject to changes / Änderungen in Diesem Programm sind Vorbehalten / Ce Programme est sous reserve de modifications*