



































Entertainment & Activity

LIBURNIA RIVIERA HOTELS



FIT & ACTIVE PROGRAM REMISENS HOTEL GIORGIO II 01.09. – 10.09.2019.

TIME	PON, MON, MON, LUN	UTO, TUE, DIE, MAR	SRI, WED, MIT, MER	ČET, THU, DON, VEN	PET, FRI, FREI, VEN	SUB, SAT, SAM, SAB	NED, SUN, SON, DOM
10:00 - 11:00	DAY OFF 	DAY OFF 	STRETCHING 	STRETCHING 	STRETCHING 	STRETCHING 	STRETCHING 
11:15 - 12:00			AQUA FIT 	AQUA FUN 	AQUA FIT 	AQUA FUN 	AQUA FIT 
12:15 - 13:00			PILATES 	PILATES 	PILATES 	PILATES 	PILATES 
13:30 - 14:15			CROSS FIT 	HIIT 	CROSS FIT 	HIIT 	CROSS FIT 
14:30 - 15:15			YOGA 	YOGA 	YOGA 	YOGA 	YOGA 
15:30 - 17:00			NORDIC WALK 	SMOVEY WALK 	NORDIC WALK 	SMOVEY WALK 	NORDIC WALK 

MJESTO SASTANKA * MEETING POINT * TREFFPUNKT * PUNTO D'INCONTRO = NORDIC WALK/SMOVEY = RECEPCIJA / RECEPTION
 MJESTOTO SASTANKA * MEETING POINT * TREFFPUNKT * PUNTO D'INCONTRO = YOGA/PILATES/HIIT/
 CROSS FIT = FIT & ACTIVE CLUB

ACTIVITY INFO: for all our FIT & ACTIVE programs – **ADVICE !** Please take your towel & comfortable shoes, sneakers and bottle of water

BESPLATNO / FREE / KOSTENLOS / GRATIS

Ovaj program može biti podložan promjenama/ This programme can be subject to changes / Anderungen in Diesem Programm sind Vorbehalten / Ce Programme est sous reserve de modifications