



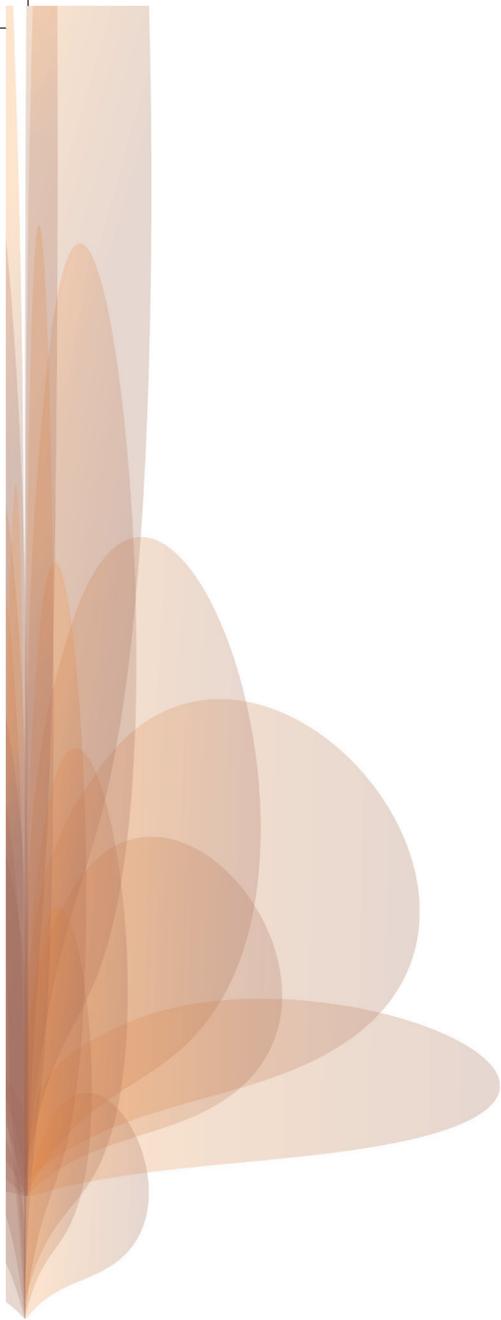
FIVE ELEMENTS
WELLNESS & SPA

Price list



Marina

REMISENS FAMILY HOTELI
★★★★



Five Elements

THE **FIVE ELEMENTS** BRAND WAS CREATED AS A UNIQUE COMBINATION OF THE ANCIENT CHINESE FENG SHUI PHILOSOPHY AND MODERN WELLNESS PROGRAMMES.

THE FIVE ELEMENTS THEME BEGAN IN THE HOTEL AMBASADOR WITH THE ELEMENT OF WATER, WHICH HAS PARTICULAR IMPORTANCE IN FENG SHUI AS THE SYMBOL OF LIFE.

THE HOTEL MARINA CONTINUES THIS THEME WITH THE ELEMENT OF EARTH THAT SYMBOLISES THE NOURISHING SUBSTANCE FROM WHICH ALL LIVING THINGS EMERGE AND TO WHICH THEY EVENTUALLY RETURN. EXCLUSIVE RITUALS HAVE BEEN DESIGNED TO PROVIDE AN UNFORGETTABLE EXPERIENCE FOR YOUR BODY AND SPIRIT...

Hier werden in einem einmaligen Ambiente durch By synergising spiritual and physical elements – through a unique ambience, an individual approach and specific programmes – we help you discover a newer, deeper sense of your body’s well-being and health. Following the idea that a harmony of energies is needed to achieve feelings of calmness and relaxation, we have created unique ambiences based on the principles of Feng Shui and space design, in which you will feel different and relaxed.

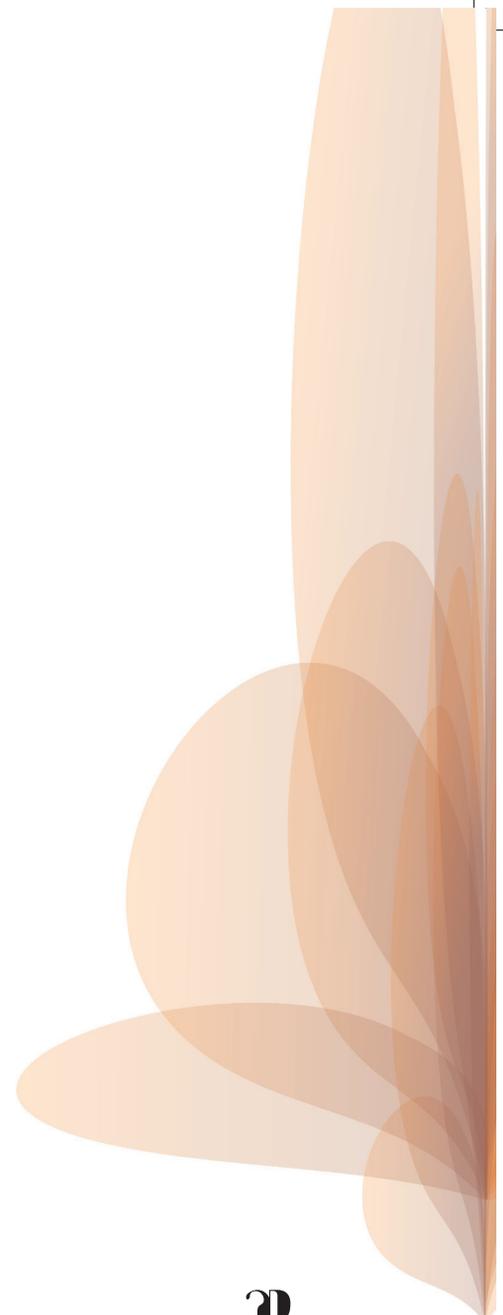
Each area has its own energy that affects humans. Therefore, if we want to feel calm and relaxed in a room, it must have a harmony of energies.

The area of 800 square metres includes pool facilities, a spa relax zone, fitness centre with TechnoGym equipment, and a beauty and massage centre. The large indoor pool with heated seawater and a view of the surrounding nature is connected to the spa relax zone, which features various saunas, a whirlpool, massage showers and a relaxation area. The interior of the rooms for massages and other treatments, as well as of the entire wellness centre, has a modern design.

A special feature of this concept is the selection of top-quality cosmetic products by renowned international brands, which completes the offer of the exclusive FIVE ELEMENTS Wellness & Spa centres of the Remisens Hotels.

SOTHYS

Sothys is a world famous brand that has existed since 1946, and which is today renowned throughout the world. As a professional brand, it is committed exclusively to beauty salons, and wellness and spa centres, offering a complete range of products for professional and home facial and body care, and also make-up.



Marina

REMISENS FAMILY HOTELI
★★★★



Facial care

COLLAGEN & HYALURONIC (ANTI-AGING TREATMENT)

Rejuvenate your skin with this new generation intensive treatment. The individual approach to every client and diagnosis of your skin's condition guarantee the best way to smooth wrinkles and tighten facial skin.

Price: **550 kn (75 min)**

HYDRADVANCE (DEEP SKIN HYDRATION TREATMENT)

An intensive facial treatment providing hydration and nourishment for all types of dehydrated skin. The most important ingredient of this treatment is water from pristine sources, whose natural purity ensures deep hydration.

Price: **500 kn (75 min)**

SEASONAL FACIAL TREATMENT (SEASONAL CARE)

A facial treatment based primarily on fruit. This very effective treatment ensures radiance, smoothness and hydration. The water basis and natural fruits provide excellent aromatherapy for your senses. Enjoy pure nature!

Price: **300 kn (40 min)**

ENERGETIC TREATMENT WITH SIBERIAN GINSENG

This special energetic treatment with exclusive Digi-Esthetic method prepares your skin for an anti-aging or intensive hydrating treatment. It restores skin energy and radiance, and optimises energy reserves in the cells.

Price: **500 kn (75 min)**

ACTIVE CONTOUR (EYE CONTOUR TREATMENT)

A special treatment designed for eye contour care. It affects dark circles and puffiness, eliminates and prevents the formation of wrinkles, and provides elasticity, moisture and firmness.

Price: **250 kn (45 min)**

DEEP FACIAL CLEANSING

Price: **280 kn (45 min)**

Body care

AROMATIC GINGER PEELING

Ginger-based peeling-balsam with a rich texture and enchanting, exotic fragrance. After the treatment, the skin is soft, elastic, supple and fragrant.

Price: **240 kn (25 min)**

HONEY BODY SCRUB

Special peeling with honey resulting in an incredibly soft skin.

Price: **240 kn (25 min)**

SLIMNESS MODELLING

With active ingredients, special anti-cellulite massage, and serums adapted to your type of cellulite, this Sothys treatment has excellent results.

Price: **340 kn (45 min)**



Marina

REMISENS FAMILY HOTELI
★★★★

Massages

DREAM MASSAGE (100% CUSTOMER MASSAGE, MASSAGE OF YOUR CHOICE)

An individual approach as the basis of wellness finds its full expression here. This special Sothys massage is adapted to your wishes and needs – the choice of aromas and massage techniques is entirely yours, which guarantees complete relaxation in accordance with your own wishes. This treatment hydrates the skin, provides it with nourishment and restores its shine.

Price: **480 kn (60 min)**

CANDLE MASSAGE

The unique aroma of chocolate, manoi or tribal, will reveal to you the simplicity and efficiency of stimulating your senses with melted butter. Fragrant aromas on your body and in the room will help you relieve stress and completely relax.

Price: **350 kn (45 min)**

HANAKASUMI (JAPANESE MASSAGE TECHNIQUE)

This extraordinarily pleasant, fragrant and relaxing treatment makes your skin soft and has a relaxing effect. Oriental massage technique and exotic cherry blossom-rice peeling. The treatment continues with a massage using shea butter, which will help you leave your daily worries behind.

Price: **470 kn (60 min)**

ORIENTAL MASSAGE WITH AROMATIC PINDAS

This special ritual, inspired by the exotic Far East, will fill your body with energy and your spirit with pleasure. The treatment includes the application of a ginger-based peeling balsam and a special massage technique with aromatic pindas soaked in warm marula oil and granite balsam targeted at certain body chakras based on ancient Indian rituals.

Price: **480 kn (60 min)**

AROMATHERAPY

A massage that uses various aromatic oils according to the individual needs of each client (relaxation, purification, stimulation). Magical scents will liven up all your senses.

Price: **360 kn (45 min)**

500 kn (75 min)

FOUR-HAND RELAX MASSAGE

Experience the special four-hand massage in which two therapists with synchronised massage movements completely massage each muscle of your body.

Price: **480 kn (40 min)**

ANTI-STRESS CLASSICAL MASSAGE

This full body massage relaxes, relieves pain and has a beneficial effect on your overall psychophysical condition.

Price: **320 kn (45 min)**

230 kn (25 min)

NECK AND BACK MASSAGE

Treat yourself to this brief but effective relaxation.

Price: **170 kn (15 min)**

FACIAL AND SCALP MASSAGE

Gentle massage movements and the stimulation of reflex points have a fantastic soothing effect.

Price: **200 kn (20 min)**

Exclusive rituals

THE UNIQUE INTERIOR OF THE SHAKRA ROOM IS CHARACTERISED BY THE ELEMENT OF EARTH, THE SYMBOL OF POWER. IN THIS IRRESISTIBLE AMBIENCE, YOU WILL BE ABLE TO RELAX COMPLETELY, IMMERSING YOURSELF IN THE INVISIBLE WORLD OF THE IMAGINATION. THE EXCLUSIVE RITUALS HAVE BEEN DESIGNED TO PROVIDE AN UNFORGETTABLE EXPERIENCE FOR YOUR BODY AND SPIRIT...

FIVE ELEMENTS RITUAL

Recipe of the house: this special ritual represents a unique combination of the Feng Shui philosophy, the five elements concept, and an ancient massage technique. The burning of sage, an original massage technique using crystal balls, the use of various crystals, shiatsu and Thai massage techniques – these are the elements that we use to achieve a complete energy balance and harmony of body and spirit.

Price: **550 kn (90 min)**

TIBETAN BOWLS SOUND RITUAL

The outer world slowly disappears... only the sound remains... the initial element of the earth... The sound breaks blockages in the physical body and soothes the emotional and spiritual body. The extraordinary therapeutic power of the sound has a beneficial effect on removing stress and relieving pain, sleeplessness, headaches and other disturbances.

Price: **450 kn (60 min)**

SHAKRA RITUAL

The unforgettable experience of this unique combination of the sound of Tibetan bowls and therapeutic massage brings you to a state of deep peace and harmony. Gentle sound vibrations remove blockages in the body, stimulating relaxation of the muscles and preparing your body for the therapeutic effects of the massage that follows.

Price: **550 kn (90 min)**

MEDITERRANEAN EXPERIENCE

This treatment uses the Mediterranean gifts of nature – olive oil and basil – to stimulate the production of collagen in the skin. The scent of basil and gentle massage movements provide total relaxation and fill you with fresh vital energy.

Price: **480 kn (70 min)**



Marina

REMISENS FAMILY HOTELI
★★★★



Spa relax

THE WORLD OF SAUNAS IS A COMFORTABLE PLACE WHERE YOU CAN ENJOY A FINNISH SAUNA, TURKISH BATH, INFRARED SAUNA, WHIRLPOOL AND IRRESISTIBLE VIEW OF THE SURROUNDING MOUNTAINOUS LANDSCAPE. THE POWER OF THE MOUNTAIN AND THE SCENTS OF THE FOREST AND SEA PROVIDE A MEMORABLE EXPERIENCE....

Hotel guests **no extra charge**
Outside guests (up to 3 hours) **150 kn**

Pool supplement **30 kn**
Additional spa relax hour **50 kn**
Bathrobe **30 kn**
Towel **20 kn**

POOL

Hotel guests **no extra charge**
Outside guests **50 kn**

FITNESS

Outside guests (up to 2 hours) **50 kn**

SPA RELAX DAY

Use of the spa relax zone, pool and fitness facilities **220 kn**

Manicure

SPA MANICURE CUCCIO
Price: **200 kn**

PARADISO MANICURE
CUCCIO
Price: **300 kn**

Pedicure

SPA PEDICURE CUCCIO
Price: **230 kn**

PARADISO PEDICURE
CUCCIO
Price: **300 kn**

NAIL VARNISH
Price: **50 kn**

FRENCH NAIL VARNISH
Price: **70 kn**

CUCCIO PERMANENT
NAIL VARNISH
Price: **150 kn**

Solarium

Price: **6 kn / min**

EYEBROW SHAPING
Price: **45 kn**

EYEBROW OR EYELASH
TINTING
Price: **60 kn**

Depilation

FULL LEG HAIR REMOVAL
Price: **160 kn**

LOWER LEG HAIR
REMOVAL
Price: **100 kn**

BIKINI HAIR REMOVAL
Price: **110 kn**

ARM HAIR REMOVAL
Price: **80 kn**

ARMPIT HAIR REMOVAL
Price: **60 kn**

BACK HAIR REMOVAL
Price: **100 kn**

CHEST HAIR REMOVAL
Price: **110 kn**

CHEST AND BACK HAIR
REMOVAL
Price: **180 kn**

UPPER LIP HAIR REMOVAL
Price: **40 kn**



Marina

REMISENS FAMILY HOTELI
★★★★



OPENING TIMES

8 – 21

RESERVATIONS

We recommend booking your appointment in advance at the wellness centre reception on 051 505 623.

CANCELLATIONS

To cancel your appointment, please let us know at least 6 hours before the treatment start time.

For cancellations up to 4 hours before the start time, 50% of the treatment price will be charged.

For later cancellations, 100% of the treatment price will be charged.

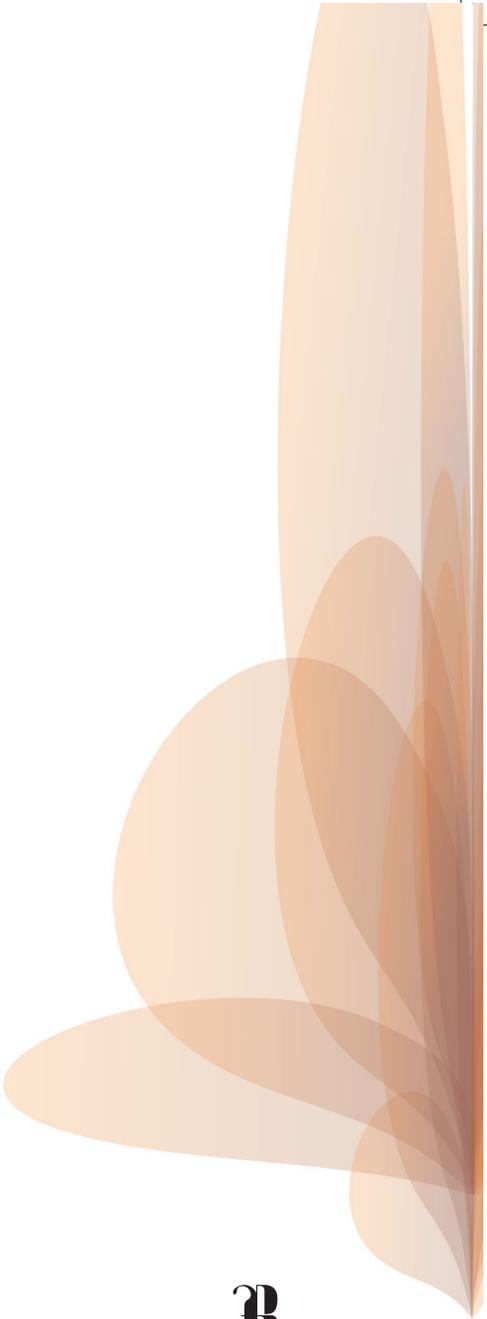
GIFT VOUCHERS

Invite your loved ones or business partners to an unforgettable experience!

Gift vouchers can be purchased at the wellness centre reception.

HOUSE RULES

- Please switch your mobile phones to silent mode upon entering the wellness centre.
- We kindly ask you to arrive 10 minutes before the beginning of your treatment. In the event of late arrival, it will not be possible to prolong the treatment.
- Children up to 16 years of age are not allowed in the spa relax zone (saunas).
- Please inform your therapist or the person at reception about any serious health condition you might have (heart issues, high blood pressure or similar).



Marina

REMISENS FAMILY HOTELI

★★★★



Marina

REMISENS FAMILY HOTELI
★★★★

FIVE ELEMENTS Wellness & Spa

Remisens Family Hotel Marina

Aleja Slatina 2 • 51417 Mošćenička Draga, Croatia • +385(0)51 505 623

five.elements.marina@remisens.com • www.remisens.com

